



Basic Program Requirements

- A copy of Baptismal certificate: (Anyone baptized at St Peter Celestine or Queen of Heaven simply needs to indicate date of baptism and parish)
- Attendance at all sacramental preparation sessions and commitment to continued formation post confirmation.
- Completed Assignments

Selection of Sponsor:

- Sponsor must be a confirmed Catholic 16 years of age or older.
- Sponsor must be active in his/her faith and Christian life (active participation means that the sponsor regularly attends Mass and is involved in the mission of the parish and also service).

Program Cost- \$40

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*"To change the world we must be good to those who cannot repay us." -
Pope Francis*



Sacramental Preparation for the Rite of Confirmation

Who Are You?

Genesis 1:27-31

What is the SACRAMENT OF CONFIRMATION?

Confirmation brings an increase and deepening of baptismal grace: It roots us more deeply. It unites us more firmly to Christ and increases the gifts of the Holy Spirit in us. It renders our bond with the Church more perfect (whole)

It gives us a special strength of the Holy Spirit to spread the Faith by works and actions as true witnesses of Christ and to profess the name of Christ boldly.

What is required of you?

1. A Sponsor
2. Baptismal Certificate
3. Attend and participate in Sessions
4. Written Reflection- **Why Do I Wish to be Confirmed?**
5. Written Reflection on the life of a **Catholic Saint**
6. Written Reflection on **Christian Service**
7. Attend the Confirmation Sessions
8. Attend Youth Community Events

*"A little bit of mercy makes the world less cold and more just."-
Pope Francis*



Topics

1. Sacraments 101
2. Fair Trade, Social Justice, Living Our Faith
3. Who are you? Reflections on Catholic Social Teachings
4. Selflessness, Oneness, Communion, Mercy
5. Many Paths to God- Prayer, Storytelling and Art
6. The God within and around: Forgiveness/ Mercy
7. Follow Me
8. Live Jesus and the Gospels
9. The Cross: Be the Change
10. The Eucharist- commits us to the poor
11. Confirmed Sealed in the Holy Spirit- Gifts of the Holy Spirit
12. Celebrating Confirmation: How do we stay connected to the church after the sacrament?

Confirmation 101

<http://www.youtube.com/watch?v=Qt32SyDWuW8&list=PL16rmfWKdv9fCcgKGlwBBEo7YP3oF7x0>

CONFIRMATION GUIDELINES:

The Confirmation sessions are designed with you and your family in mind. We have very little time together so each time we gather the hope is that we can use the session to learn, grow and question. In order to keep the time flowing smoothly we ask that you remain considerate of one another in observing the following guidelines:

- Respect all team members, staff and one another.
- Dress respectfully, but comfortably.
- No Cell Phones: If we see or hear it, we will take it away.
- Keep Noise to a minimum. Respect each other.

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness...”

Why Do I Wish to be Confirmed?

Due- May 2nd

How do I know if I'm ready?

None of us are ever ready, worthy or deserving of a sacrament. But, You need to be open to how God will strengthen you and continue to be present in your life. You can make an effort to be prepared to celebrate Confirmation in a way that shows sincerity. You can participate all the way, making your responses come alive and keeping your eyes and ears ready to become more aware of what God is doing in your life. The community - parish, parents, sponsors, and Confirmation team – is also here to help you feel prepared. Think of what you will do after confirmation, service in ministries, and commitment to justice, youth group, mission trips etc.

You have spent years preparing for the sacraments. You must have spent time wondering what is this about? Spend some time reflecting on:

- **what this means?**
- **describe why this is important to your family, church community and God?**
- **note your hopes beyond confirmation in particular how you plan to serve in your church community.** (1 page, double spaced).

Please – do your best to morally write a genuine, reflective, original work – not a cut and paste job off the internet.

How to Send:

Preferred Method: Email Assignments with attached document-
sgreen@christourlight.net

Subject line: Christian Service Reflection

Good grammar and writing style are expected. PDFs or Word Docs are acceptable.

“The Catholic Church proclaims that human life is sacred and that the dignity of the human person is the foundation of a moral vision for society.”

Saint Reflection

Due- TBD

The Saint Reflection

You are encouraged to use a saint's name at confirmation; also spend sometime reading about some of your favorite saints, by doing the saint reflection the hope is that you may become more aware of the life of an important church figure, pray with the saint and discover how you may also live for peace, justice and faith in our world. **Consider how that person would live and love today? What would they offer your school, church, community, parish or family?**

Saint Reflection (2 pages, double spaced).

1. Provide a brief summary of their life.
2. Why did you select this Catholic saint?
3. How can the life of this saint be a model of faith and commitment to you throughout the Confirmation process and beyond?
4. Include any personal reflections, thoughts or hopes that you hold for yourself.

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“... every person has a fundamental right to life and a right to those things required for human decency.”

Christian Service

Due TBD

(Service should be done this Spring or Summer)

Ministry of Presence-

involves meeting with people, learning their name and sharing our stories eg. schools, nursing homes, homeless shelters etc.

Labor Service-

includes physical work. You are required to participate in both acts of service eg. food banks, lot clean up, construction etc. Feel free to contact me for places where we have partnerships in the area.

I am also happy to accommodate/ facilitate a group for a service project.

Christian Service Reflection (2 pages maximum)

1. Who did you meet?
2. Where did you go?
3. Who did you serve or who were you served by?
4. What did you learn?
5. What stories will you share?
6. How will you grow from the encounters?
7. What scripture comes to mind as you reflect on your experience?
8. What prayer can you offer to God from this?
9. What is the importance of Christian Service Ministry?
10. How will you integrate this ministry calling in your life?

Please – do your best to morally write a genuine, reflective, original work – not a cut and paste job off the internet.

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“We are one human family whatever our national, racial, ethnic, economic, and ideological differences.”

Candidate Behavior Covenant

I have read the Retreat Guidelines and understand that if I violate the trust placed in me, my parents will be called.

Name of Student _____
Student's Cell _____
Parents Names _____
Contact Cell of Family _____

Parent and Students Volunteer in Future Programs:

I would like to help in future programs:

Office Volunteer- _____
Confirmation Retreat Organizer- _____
YFF Volunteer Greeters- _____
Catechist- _____
Youth Group Leader- _____
Youth Group Summer Dinner Volunteer- _____
Summer Program- (Multiple Available Days and Times) _____

"A basic moral test is how our most vulnerable members are faring. In a society marred by deepening divisions between rich and poor, our tradition recalls the story of the Last Judgment (Mt 25:31-46) and instructs us to put the needs of the poor and vulnerable first."

Day of Event-

1. Arrive COL by _____ TBD– candidates & sponsor go directly to RCS Cafeteria.
2. Immediately pick up name cards and sponsor note.
3. Arrive wearing appropriate attire. Sponsors must be dressed appropriately for Mass as well.
4. Fr. Newton will meet with you at this time to review your participation at Mass.
5. Candidates & Sponsors will process from the school to church in 2 lines. The progression is candidate/sponsor, candidate/sponsor, etc.
6. You will participate in the Entrance Procession & will be guided into the pews in the center aisle –
7. Candidates will stand closely in front of Bishop Sullivan. Sponsors will stand behind their candidate and place right hand on candidate's right shoulder. Sponsors will need to speak clearly to bishop.
8. **PLEASE -- NO PHOTOGRAPHS DURING LITURGY OR THE RITE OF CONFIRMATION!!**
9. Bishop Sullivan will be available for pictures immediately after Mass.
10. Confirmation certificates will be available for pick up in the Gathering Space.

DRESS REQUIREMENTS FOR CONFIRMATION CANDIDATES AND SPONSORS

- **Gentlemen** – dress shirt (solid color) & tie, dress pants & dress shoes. Suit, sport coat optional. No jeans, sneakers, sandals, golf shirts tee shirts. No black shirt / black tie combination
- **Ladies**– stockings & dress shoes. May wear dress slacks (no tight fitting slacks) . No sleeveless dresses, jeans, bare midriffs, sneakers, sandals, or exceptionally short skirts (not shorter than 2" above the knee).

Thank you for your kind support of this program. Please let me know immediately if there are ever any concerns or questions. I am always happy to assist. Peace and Blessings as you walk this journey of faith. Continue to remind students that confirmation is not graduation- we must continue to deepen our faith beyond.

"To receive in truth the Body and Blood of Christ given up for us, we must recognize Christ in the poorest, his brethren" (no. 1397)."