



LIVING IN THE LIGHT

The Word

Eighteenth Sunday in Ordinary Time

Week of August 5

Call to Prayer and Sharing

- ✦ *Leader invites all into a few moments of silent reflection to remember that we are in the presence of God. (reflective pause)*

- ✦ *Then: "In the name of the Father and of the Son"*

The Word of God

- ✦ *Leader reads part or all of one of the scripture texts from the previous Sunday.*

John 6: 24 - 35

When the crowd saw that neither Jesus nor his disciples were there,
they themselves got into boats
and came to Capernaum looking for Jesus.

And when they found him across the sea they said to him,
"Rabbi, when did you get here?"

Jesus answered them and said,
"Amen, amen, I say to you,
you are looking for me not because you saw signs
but because you ate the loaves and were filled.

Do not work for food that perishes
but for the food that endures for eternal life,
which the Son of Man will give you.

For on him the Father, God, has set his seal."

So they said to him,
"What can we do to accomplish the works of God?"

Jesus answered and said to them,
"This is the work of God, that you believe in the one he sent."

So they said to him,
"What sign can you do, that we may see and believe in you?"

What can you do?
Our ancestors ate manna in the desert, as it is written:
He gave them bread from heaven to eat."

So Jesus said to them,
"Amen, amen, I say to you,
it was not Moses who gave the bread from heaven;
my Father gives you the true bread from heaven.

For the bread of God is that which comes down from heaven
and gives life to the world."

So they said to him,
"Sir, give us this bread always."

Jesus said to them,
"I am the bread of life;
whoever comes to me will never hunger,
and whoever believes in me will never thirst."

Faith Sharing

- ✦ *Leader reminds everyone of the Question of the Week which relates to the particular group gathered*

Children: What are some gifts Jesus has given you?

Teens: How does your belief in Jesus help you in your life?

Adults: How does your belief in Jesus sustain you in your life?

We offer this form of contemplative sharing for pondering Scripture while considering the question, and for the faith sharing which follows.

- Listen/ Read (Lectio): Ponder God's word and listen for what touches your heart.
- Meditate (Meditatio): Notice what you notice. Allow God's word to resonate in you.
- Speak/Share (Oratio): Prayerfully share with the group your thoughts and feelings.
- Rest in God's presence (Contemplatio): Notice God's presence and be still, surrounded by God's love.

Time is provided for sharing responses to the question. Silence between responses is to be expected. Allow about 15 minutes for faith sharing. For larger groups, leader invites members to divide into groups of three or four for faith sharing.

- ✦ *When the sharing comes to an end, the leader invites everyone to take a moment to silently and reverently hold what has been shared together.*
- ✦ *Continue with the meeting, turning to the agenda.*

Concluding the meeting

At the end of the meeting, the leader closes with the following prayer:

Good and Gracious God,
your love for us surpasses all understanding.
As we leave here today,
be with us in all our comings and goings,
and in all that we say and do.
We pray this in the name of Christ Jesus who is our Light.
Amen.