



The Word

3rd Sunday of Lent *Week of March 15*

Call to Prayer and Sharing

- ✦ *Leader invites all into a few moments of silent reflection to remember that we are in the presence of God. (reflective pause)*
- ✦ *Then: “In the name of the Father and of the Son”*

The Word of God

- ✦ *Leader reads part or all of one of the scripture texts from the previous Sunday.*

Jn 4:5-15, 19b-26, 39a, 40-42

Jesus came to a town of Samaria called Sychar,
near the plot of land that Jacob had given to his son Joseph.
Jacob’s well was there.

Jesus, tired from his journey, sat down there at the well.
It was about noon.

A woman of Samaria came to draw water.

Jesus said to her,
“Give me a drink.”

His disciples had gone into the town to buy food.

The Samaritan woman said to him,

“How can you, a Jew, ask me, a Samaritan woman, for a drink?”

—For Jews use nothing in common with Samaritans.—

Jesus answered and said to her,

“If you knew the gift of God
and who is saying to you, ‘Give me a drink,’
you would have asked him
and he would have given you living water.”

The woman said to him,

“Sir, you do not even have a bucket and the cistern is deep;
where then can you get this living water?

Are you greater than our father Jacob,
who gave us this cistern and drank from it himself
with his children and his flocks?”

Jesus answered and said to her,

“Everyone who drinks this water will be thirsty again;
but whoever drinks the water I shall give will never thirst;
the water I shall give will become in him
a spring of water welling up to eternal life.”

The woman said to him,

“Sir, give me this water, so that I may not be thirsty

Faith Sharing

- ✦ *Leader reminds everyone of the Question of the Week which relates to the particular group gathered*

Children: How do you experience Jesus helping and loving you?

Teens: Jesus revealed himself to an outcast of society. How can you be “living water” to the outcasts of your school? Society? The world?

Adults: Where have you found a source of “living water” for your own journey of faith?

We offer this form of contemplative sharing for pondering Scripture while considering the question, and for the faith sharing which follows.

- Listen/ Read (Lectio): Ponder God’s word and listen for what touches your heart.
- Meditate (Meditatio): Notice what you notice. Allow God’s word to resonate in you.
- Speak/Share (Oratio): Prayerfully share with the group your thoughts and feelings.
- Rest in God’s presence (Contemplatio): Notice God’s presence and be still, surrounded by God’s love.
- Choose to act (Actio): Trusting in God’s nearness, commit to action rooted in love.

Time is provided for sharing responses to the question. Silence between responses is to be expected. Allow about 15 minutes for faith sharing. For larger groups, leader invites members to divide into groups of three or four for faith sharing.

- ✦ *When the sharing comes to an end, the leader invites everyone to take a moment to silently and reverently hold what has been shared together.*
- ✦ *Continue with the meeting, turning to the agenda.*

Concluding the meeting

At the end of the meeting, the leader closes with the following prayer:

Good and Gracious God,
your love for us surpasses all understanding.
As we leave here today,
be with us in all our comings and goings,
and in all that we say and do.
We pray this in the name of Christ Jesus who is our Light.
Amen.